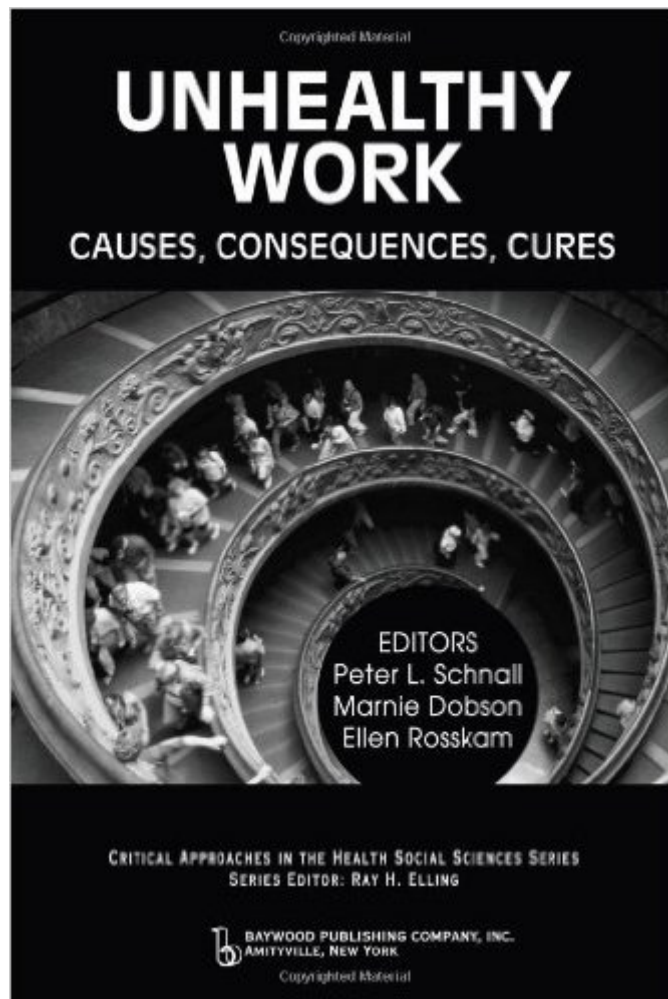


The book was found

Unhealthy Work: Causes, Consequences, Cures (Critical Approaches In The Health Social Sciences Series)



Synopsis

Work, so fundamental to well-being, has its darker and more costly side. Work can adversely affect our health, well beyond the usual counts of injuries that we think of as 'occupational health'. The ways in which work is organized - its pace and intensity, degree of control over the work process, sense of justice, and employment security, among other things - can be as toxic to the health of workers as the chemicals in the air. These work characteristics can be detrimental not only to mental well-being but to physical health. Scientists refer to these features of work as 'hazards' of the 'psychosocial' work environment. One key pathway from the work environment to illness is through the mechanism of stress; thus we speak of 'stressors' in the work environment, or 'work stress'. This is in contrast to the popular psychological understandings of 'stress', which locate many of the problems with the individual rather than the environment. In this book we advance a social environmental understanding of the workplace and health. The book addresses this topic in three parts: the important changes taking place in the world of work in the context of the global economy (Part I); scientific findings on the effects of particular forms of work organization and work stressors on employees' health, 'unhealthy work' as a major public health problem, and estimates of costs to employers and society (Part II); and, case studies and various approaches to improve working conditions, prevent disease, and improve health (Part III).

Book Information

Series: Critical Approaches in the Health Social Sciences Series

Hardcover: 364 pages

Publisher: Routledge; 1 edition (September 15, 2009)

Language: English

ISBN-10: 0895033356

ISBN-13: 978-0895033352

Product Dimensions: 1 x 6 x 9 inches

Shipping Weight: 1.5 pounds

Average Customer Review: 5.0 out of 5 stars Â See all reviews Â (1 customer review)

Best Sellers Rank: #598,380 in Books (See Top 100 in Books) #48 in Â Books > Textbooks >

Medicine & Health Sciences > Medicine > Clinical > Occupational & Industrial Medicine #71

in Â Books > Medical Books > Medicine > Internal Medicine > Occupational #73 in Â Books >

Medical Books > Medicine > Surgery > Trauma

Customer Reviews

Drawing on international research from public health, social policy, epidemiology, geography and political science, this book systematically demonstrates that work and worklessness are central to our health and wellbeing and are the underlying determinants of health inequalities. The material and psychosocial conditions in which we work have immense consequences for our physical and mental wellbeing, as well as for the distribution of population health. Recessions, job-loss, insecurity and unemployment also have important ramifications for the health and wellbeing of individuals, families and communities. Chronic illness is itself a significant cause of worklessness and low pay. This book demonstrates that countries with a more regulated work environment and a more interventionist and supportive welfare system have better health and smaller work-related health inequalities. Specific examples of policies and interventions that can mitigate the ill-health effects of work and worklessness are examined and the book concludes by asserting the importance of politics and policy choices in the aetiology of health and health inequalities. "I strongly recommend this volume as a way of stimulating a change of direction in the literature on the determinants of health and health inequalities" from the Foreword by Professor Vicente Navarro, The Johns Hopkins University, USA.-Clare Bambra Professor of Public Health Policy, Wolfson Research Institute for Health and Wellbeing, Durham University, UK.

[Download to continue reading...](#)

Unhealthy Work: Causes, Consequences, Cures (Critical Approaches in the Health Social Sciences Series) Social Inequality: Forms, Causes, and Consequences Anxiety Disorders: The REAL Truth, Causes and Cures. Panic Disorder, Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Post-Traumatic Stress Disorder (PTSD), Social Anxiety Graduate Programs in Business, Education, Information Studies, Law & Social Work 2017 (Peterson's Graduate Programs in Business, Education, Health, Information Studies, Law and Social Work) When the Past Is Always Present: Emotional Traumatization, Causes, and Cures (Psychosocial Stress Series) Depression in New Mothers: Causes, Consequences, and Treatment Alternatives Abandoned Parents: The Devil's Dilemma: The Causes and Consequences of Adult Children Abandoning Their Parents Screening Sandy Hook: Causes and Consequences Sea-Level Rise and Coastal Subsidence: Causes, Consequences, and Strategies (Coastal Systems and Continental Margins) Extinctions in Near Time: Causes, Contexts, and Consequences (Advances in Vertebrate Paleobiology) Primate Males: Causes and Consequences of Variation in Group Composition Empowerment Series: Direct Social Work Practice: Theory and Skills (SW 383R Social Work Practice I) High Blood Pressure Cure: How To Lower Blood Pressure Naturally in 30 Days (Alternative Medicine, Natural Cures, Natural Remedies, High Blood Pressure ... Cures for High

Blood Pressure, High Bl) 21 Home Remedies Exercises and Natural Cures for TMJ Treatment:
Holistic Home remedies and natural cures for treatment of Temporomandibular Joint (TMJ) pain and
its allied symptoms. Happiness Is a Choice: The Symptoms, Causes, and Cures of Depression Bad
Breath: Remedies for Llife - How to Prevent Halitosis, Bad Breath Causes, Cures and Treatments
(Bad Smell and Mouth Smell - How to Cure Bad Breath Book 1) Wetland Weeds: Causes, Cures
and Compromises The Unhealthy Truth: One Mother's Shocking Investigation into the Dangers of
America's Food Supply-- and What Every Family Can Do to Protect Itself The Unhealthy Truth: How
Our Food Is Making Us Sick - And What We Can Do About It Good Karma: How to Create the
Causes of Happiness and Avoid the Causes of Suffering

[Dmca](#)